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PRE-VASECTOMY INFORMATION

- 1.) You will be asked to come 20 minutes prior to the procedure to allow time for signing of a consent and to be given a mild sedative prior to the procedure which takes 20-30minutes.
- 2.) Take no aspirin for one week prior to the procedure as it increases bleeding tendency. Also avoid NSAIDS like ibuprofen or naproxen for 3 days prior to the procedure.
- 3.) Remember to pre-shave your scrotal area prior to the appointment, with a non electric razor. Do not use NEAT!
- 4.) You may apply an EMLA patch to the front of the scrotum 1 hour prior to the procedure. This is available at most pharmacies.
- 5.) You should have only a light meal and no alcohol prior to the procedure.
- 6.) You should bring a pair of tight fitting jockey shorts to wear following the procedure.
- 7.) Please arrange a ride home following the procedure.
- 8.) Please have a soft mouldable ice pack at home along with antibiotic ointment to be applied to the incision after the surgery.
- 9.) You will be given a sedative under your tongue approximately 10 minutes prior to the procedure and asked to sign consent.

We request a minimum of 72 hours notice of cancellation. Late cancellations and no shows will be billed \$50.

Sincerely yours,

Dr. Crowe.

WC/lb

19 January 2020