



## [Making the most of your visit today](#)

The main reason for my visit today is:

- Prescription refill
- Referral, lab standing order
- I have a form or need a letter (Please discuss fees with reception prior to visit)
- Other issue - please tell us more

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Optional

If there is time left I would like to talk about the following\*

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\* We will address the most important issue first during the 10 minute appointment. If time permits, we can focus on other issues. To be thorough and safe we may need more time, and will ask you to rebook if it cannot be accomplished in the same visit.

The Anatomy of a visit

- 1-2 minutes to listen to the problem
- 2-3 minutes to ask questions to understand the problem
- 3-4 minutes for examination
- 2-4 minutes to review results, discuss diagnosis, treatment plan, provide documentation for further investigation, prescription, sick note.
- Paperwork e.g. notes, referrals, letters and forms are completed after office hours.  
Most doctors do 3 hours of paperwork a day.

Ten minutes go by quickly. Dealing with multiple problems in one visit may compromise the high standard of care we aim to deliver. Running over time impact patients in the waiting room and flow of the office. We will gladly see you again to solve the issues you need help with that we cannot address in a single visit.